November 2008

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Chitimacha Tribe of Louisiana Newsletter



Tribal Contact Information

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- *Chitimacha Employee Comprehensive Health Plan-230 Chitimacha Loop (337)923-4343-Cechp (337)923-4347-Cechp's Fax
- *Chitimacha Cultural Department 105 Houma Drive (337)923-9923
- *Chitimacha Development 3221 Chitimacha Trail (337)923-4000 (337)923-7955-Fax
- *Chitimacha Fire Department 215 Coushatta Drive (337)923-4326 (337)923-7725-Fax
- *Chitimacha Gaming Commission 832 Martin Luther King Drive (337)923-9119 (337)923-6139-Fax
- *Chitimacha Health Clinic 3231 Chitimacha Trail (337)923-9955 (337)923-7791-Fax

- *Chitimacha Housing Authority 3221 Chitimacha Trail (337)923-9125
- *Chitimacha Human Resources 105 Houma Drive (337)923-7775 (337)924-9420-Fax
- *Chitimacha Human Services 3287 Chitimacha Trail (337)923-7000 (337)923-2475-Fax
- *Chitimacha Police Department 211 Coushatta Drive (337)923-4964 (337)923-0514-Fax
- *Chitimacha Public Works 223 Chitimacha Loop (337)923-9126 (337)923-7586-Fax
- *Chitimacha Recreation Department 312 Chitimacha Loop (337)923-4975 (337)923-7555-Fax
- *Chitimacha Rivercane Center 428 Chitimacha Loop (337)923-4114
- *Chitimacha Scholarship/Enroll. Dept. 3291 Chitimacha Trail (337)923-2463

Tribal Contact Information Continued

*Chitimacha Trading Post 116 Chitimacha Loop (337)923-7487

*Chitimacha Tribal Courts 343 Navarro Street (337)923-7806 (337)923-7889-Fax

*Chitimacha Tribal Museum 3289 Chitimacha Trail (337)923-4830 *Chitimacha Tribal School 3613 Chitimacha Trail (337)923-9960 (337)923-7346-Fax

*Chitimacha WIA/Inter Tribal Council Office 428 Chitimacha Loop-Suite 101 (337)923-7278 (337)923-2470-Fax

*Chitimacha Child Development Center/ Yaamahana-410 Seminole Drive (337)923-0100 (337)923-0110-Fax





On behalf of the Tribal Council and all the Employees, Have a Very Happy Thanksgiving



Notes from the Council Table

Greetings Fellow Tribal Members,

It is our pleasure to address each and every one of you in this publication of *Notes from the Council Table*. We hope you find the following information informative as well as enlightening.

Recognizing the value in continuing the assessment of our Tribal operations on a going forward basis, we engaged in a painstaking search for a planning company that would best fit the Tribe's needs. The Tribal Council made a decision to contract with M3 Planning who is located in Reno, NV. M3 Planning is an established firm who has served this function for other governments and municipalities as well as other Tribes. Earlier this month, the Tribal Council and various staff members engaged in the commencement of the strategic planning process. After spending three intense days of the initial visit with M3 Planning, we have made headway in the information-gathering process. As part of this important process, anonymous surveys will be disseminated to all tribal members 18 years old and over for completion. The information that is received from the anonymous surveys will help in our planning process. Be on the lookout for the survey and please complete and return in a timely fashion. We look forward to sharing more information with everyone soon!

In addition, during the Council meeting of September 24th, the Tribal Council passed resolution CHI-TC# 52-08 regarding a request for a special election to be held in January for two proposed constitutional amendment provisions to Article V "Governing Body." The proposed amendments are in response to the requests of the general membership as voiced at our June general meeting. The amendments, if passed, would enact certain procedures for the removal of Council Members during their terms. In order for us to hold the special election, the Bureau of Indian Affairs must first approve the election. The appropriate documentation was hand-delivered to the Bureau of Indian Affairs officials of September 29th for their consideration. We are waiting for word back from the officials on this matter. Should the special election be approved, the election would take place on the same day as the general meeting as well as a suitable timeframe for absentee voting (usual two-week period). Once more information is received from the Bureau regarding this matter, we will share it promptly. Our notification will include the exact language of the proposal.

Also, during the October Council Meeting, the Tribal Council adopted the fiscal year 2009 budgets. This year's budgeting process went smoothly as it generally takes a couple of months to complete. We are in a position to continue all programs at full funding levels! This is great news considering the economy we all live in.

We will gather on Saturday, November 22nd to share in two very special events. On Saturday morning at 9:00 a.m., all tribal members and their families are invited to the Chitimacha Tribal School for the 30th anniversary of the school. Tribal member Sarah Sense was awarded a fellowship through the Smithsonian Institute National Museum of the American Indian to paint a mural in the lobby of the school to commemorate this historic event. Members of the Institute will be on hand to participate in this momentous occasion. A special thanks to Sarah for her time and talents in bringing more culture to our School.

Later on Saturday at 11:30 a.m., we will join together for our annual Thanksgiving Feast. As is custom, we will have a huge meal and play bingo and door prizes will be awarded. Let us all come together to enjoy a meal and each other's company.

Before closing, please remember our Chairman in your thoughts and prayers as he will undergo surgery once again on Tuesday, November 25th. We wish him well and a speedy recovery.

Until next time,

Your Tríbal Council

Resolutions for the Month of October

#54/08 Directs RAM to repay the entire outstanding amount being the aggregate of the ending balance as of August 31, 2008 and the amount due for September, 2008, by close of business on October 21, 2008, and that all terms and processes of the existing Management Agreement between RAM and the Tribe shall be strictly adhered to.

Authorizes the Bureau of Indian Affairs to place the TSOJ (Tunica Street, Seminole Street, Oneida Street, and Jena Drive) road reconstruction project on an Indian Reservation Roads High Priority Program TIP if the project is selected and approved, and adopts the 2009 Roads Priority List, and authorizes Peggy Gaddy, Chief Administrative Officer, to sign any and all documentation necessary to update the Chitimacha Roads Inventory for the future of the Tribe.

Authorizes Lonnie L. Martin, Chairman, to sign the Plans and Specifications for the Emergency Repair Project to a section of Martin Luther King roadway.

Declares that any pay increase at the Casino that equates to the specified amount or more per employee annually requires prior Tribal Council approval as stated originally in Resolution CHI-TC #50-08, and it has also been determined that at each monthly meeting between the Casino and the Tribal Council, a list will be provided to the Tribal Council of all pay increases for the previous month, and while pay increases totaling less than the specified amount per employee annually do not require prior Tribal Council approval, under no circumstance shall expenditures be made for any item in excess of the amounts provided for that item in the Casino budget without the express written approval of the Tribal Council as stated in Paragraph C. of Resolution CHI-TC #50-08.

Authorizes Peggy Gaddy, Chief Administrative Officer, to sign a contract with M3 Planning to conduct Phase I of the strategic plan with the understanding that once Phase I is completed and the Council is satisfied with those results, the balance of the proposal can be implemented upon verbal instruction from the Tribal Council.

Appoints Lonnie L. Martin to represent the Tribe at the 2009 National Indian Gaming Association Annual Meeting, and authorizes Lonnie L. Martin to vote in the National Indian Gaming Association election of officers for 2009, and appoints Tricia Mora to serve as Alternate.

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CHITIMACHA TRIBAL POLICE NEWS



NOVEMBER 2008

For the month of October 2008 the following traffic citations were issued—seven for speeding, two for driving under suspension, two for driving with an expired drivers license, three for no proof of vehicle insurance, and one each for misuse of a temporary license plate, failure to secure vehicle registration, stop sign violation, child not in proper restraints, no drivers license and improper lane usage. Officers also issued twenty-two verbal warnings for various traffic violations.

The following arrests were logged for the month of October 2008:

- 10-05-08 1 female arrested for disturbing the peace by fighting.
- 10-05-08 4 females arrested for disturbing the peace by fighting.
- 10-11-08 4 males arrested for disturbing the peace by fighting and simple battery.
- 10-23-08 1 male arrested on 16th Judicial Court warrants for failure to appear on charges of speeding, expired license plate, no vehicle registration, and simple battery.
- 10-28-08 1 male arrested on a Chitimacha Police Department warrant for theft of a four wheeler.
- 10-29-08 1 male arrested for resisting an officer by flight, resisting arrest, and driving under suspension.
- 10-31-08 1 male arrested for disturbing the peace intoxicated.

EMPLOYEE OF THE YEAR

We congratulate Police Communications Officer, Gloria Loston, who, on October 10, 2008, was named Employee of the Year, along with Chitimacha Tribal School teacher, Phyllis Darden. Thanks for doing the great job you do and keep up the good work!

NEW POLICE OFFICER

We welcome Gary Dantin Sr. to the police department. Gary fills the last vacant position available for patrol officer and has 16 ½ years of law enforcement experience. Please welcome him to the Chitimacha Police Department Team.

WE WISH EVERYONE A HAPPY AND SAFE HOLIDAY SEASON!



The Chitimacha Tribal Council recently approved a ranking structure for the Chitimacha Tribal Police Department, that was presented by Chief of Police Blaise Smith and Vice-Chairman/Division Administrator Tricia Mora. With approval given, the following officers received rank within the department and on October 20, 2008 were presented their collar insignia by Chief Smith and Vice-Chairman Mora.

Administrative Secretary/Communications Supervisor Ellen Hebert was promoted to Captain, Patrol Supervisor/Investigator Sgt. Brian Millet was promoted to Lieutenant, Juvenile/D.A.R.E. Officer Amy Theriot was promoted to Sergeant, and Communications Officer/Terminal Agency Coordinator Rosie Landry was promoted to Sergeant. Pictured below from left to right are, Sergeant Theriot, Lieutenant Millet, Chief of Police Smith, Sergeant Landry, and Captain Hebert.





On Monday, October 20, 2008, four newly hired officers of the Chitimacha Tribal Police Department received their Oaths of Office and were sworn in by Tribal Court Judge Cameron Simmons. Pictured from left to right is Officer Rick Riggenbach, Officer Jake Darden, Chief of Police Blaise Smith, Communications Officer Ebony Wise, and Officer Joe Garrison.





Pictured left to right above is Tribal School Principal Tanya Rosamond, along with Police Chief Blaise Smith and Juvenile Officer Sgt. Amy Theriot, going over the results of the recent Code Red Drill held at the Chitimacha Tribal School. In light of recent events where school violence seems to be on the increase, the police department and the tribal school have teamed up to give these drills to prepare school personnel and students on what to do if an intruder comes into the school. These Code Red/Intruder Drills are scheduled at various times throughout the school year.







On October 21, 2008 Captain Ellen Hebert and Sergeant Amy Theriot represented the police department at the annual Chitimacha Health Fair held in the tribal school gym. A variety of items and safety brochures were available for both children and adults. Those in attendance also had the chance to register for a \$25.00 Wal-Mart gift card that was given away at the close of the health fair. The lucky winner of the gift card was Jessica Burns, employee of the Chitimacha Health Clinic. Pictured above is Captain Ellen Hebert presenting the gift card to Jessica.

TRIBAL POLICE NEWS CONTINUED





Pictured left is Chief of Police Blaise Smith presenting a Certificate of Appreciation to Fire Chief Rick Cook. The certificate was presented to Chief Cook to thank him and the personnel of Chitimacha Fire Protection for their participation and assistance with the police department's First Annual National Night Out Against Crime program that was held on August 05, 2008. Thanks to their assistance, this event was a huge success.

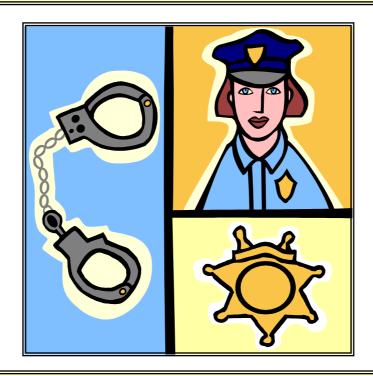
U T S S T C N I I I N Z G E

N S



Pictured above are Jeremy Vilcan, Scarlette Darden, John Paul Darden, Chief Blaise Smith, Bryan Savell, Ethan Vilcan and Landon Pontiff. Jeremy, Scarlette, John Paul and Bryan, assisted the police department after Hurricane Gustav with distributing water and meals to the residents of the Reservation and surrounding community. Citizens that also assisted, but not pictured above, were Blaine Butaud, Mark Leger, and Roy Dwyer. Certificates of Appreciation were presented to each of these fine citizens for all the assistance that was given to the police department. Thanks to all that assisted!

ATTENTION



There will be a Women's Safety and Self Defense Class given by the Police Department on Sunday, November 23, 2008, from 10:00 a.m. until 12:00 p.m. @ the Chitimacha Fitness Center. If you are interested in attending please contact Sgt. Amy Theriot @ (337)923-4964 for further information.



If anyone is interested within the community in ATV Safety and Instruction Courses, please contact Sgt. Amy Theriot @ the Tribal Police Department @ (337)923-4964 to inquire about class schedules and further information.

CHITIMACHA TRIBAL SCHOOL

Eagle Pride... Eagle Spirit!



2008-2009 CTS School Year

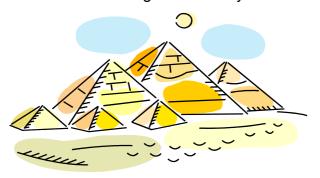
"Winding Up" the 1st 9 weeks, students at CTS were very successful in many academic areas, but "WE" know that "ALL" can continue to improve for the remaining school year! CTS staff and students are continuing to press on to improve as much as we can, as soon as we can.

To celebrate the end of the 1st 9 weeks and "pump-up" students for the 2nd 9 weeks, 6th, 7th, and 8th graders participated in a "Picture Scavenger Hunt". Students were placed on teams of 11 members, and they had pictures of poses they had to re-create, all within 25 minutes. Teams scurried about campus and worked together to create different poses for the camera. Both teams created many unique images (examples below), and they also displayed fantastic teamwork. In the end it seems both teams came out winners. Students learned that it takes working together as a team to make the most progress.





6th – 8th Graders – Teams creating a Human Pyramid & Hand Stands







6th – 8th Graders in a "Group Hug" with Mrs. Buggie & "Crab Crawling" under the swings.



Report by Keeri Payton from 5th grade

Greetings from Mrs. Keeri's 5th grade classroom at Chitimacha Tribal School. We're all glad to finally get back into "the swing of things" and "get down" to learning. Speaking of learning, can you tell we're learning about *idioms* in grammar? Idioms are phrases that cannot be understood from the meanings of the separate words in them. We never knew there were so many idioms, and that we actually understand and use them every day when we speak, read, and write.

In science students learned that matter is all around us, and that there are different ways to classify it. Students also learned that matter is made up of elements, and elements are made up of atoms. To help us visualize what atoms look like-since we cannot see them without a special microscope-we made edible atoms with sugar cookies and different kinds of candy. It was a fun way to "wrap up" our unit. To help students understand mass, volume, density, and buoyancy, everyone had to design a boat and estimate the number of pennies it could hold without sinking. Then, students actually had to try their boats out by placing them in water and filling them with pennies. Mrs. Keeri didn't have enough pennies to sink some of the boats, and she didn't have enough water for one of the students to even try his boat out. The next time this assignment is given, a size limit will definitely have to be put on the boats!

Congratulations to Caylin Moneaux! Caylin was the 5th grade "Star of the Week" during the week of October 13-17. Although Mrs. Keeri thinks we are all "stars", Caylin was given this award because she comes to school every day with a smile on her face despite the fact that she is the only girl in the class.



5th Graders; Trent, Drake, Kyle, Caleb, and Caylin

Report by Janeen Robicheaux from 6th – 8th grade

CTS got an early start on our Halloween celebration. It wasn't a traditional "Trick or Treating" at CTS for the annual "Halloween Carnival", but instead a night of music, laughter, games, food, and plenty of FUN! Some of the finest costumes of the night were presented by carnival goers who were judged in a costume contest. Boy did the judges have a difficult job! There were so many wonderful costumes that it was nearly impossible to pick just one winner! In addition to the costume contest, students, parents, and many community members took part in many games design to "Trick or Treat." Some of the "tricks" were the "Duck Pond", "Fishing", "Plinko", "Bean Bag Toss"," Hayride", and many other fun and exciting activities.

Judging by the length of the lines, some favorites were "Ping Pong Toss" where carnival goers tried to win a goldfish and taking a chance on the "Cake Walk" for a homemade dessert. An extremely heartfelt thank you goes out to all parent and community volunteers for a wonderful community event that truly is becoming a tradition here at CTS. Also, a "BIG" thank you to all CTS staff for such a fantastic carnival!



Again, THANK YOU to our CTS Staff, you're the best!







"Tiny Pink Lady" Baby Sophie with Grandma Linda



Fishing "Bat Women" Madison Cook



Awesome Lady Vampire

Analaysha Burgess

PRINCIPAL'S NOTE:

Two hurricanes can't stop CTS, we wrapped up the 1^{st} 9 weeks and we are moving right along into the 2^{nd} 9 weeks! I see some really GREAT things happening. CTS would like to thank all of the support received for the Halloween Carnival from parents and community members. In addition I would like to thank the staff for their dedication toward this event.

The Annual Drug Free Parade was held October 22, 2008, here on the reservation coinciding along with the celebration of Red Ribbon Week throughout St. Mary Parish. The students and staff of CTS designed awesome banners and displayed anti-drug sashes. Check out the random photos of the students, staff, Police Department, Fire Department, community leaders and members during the parade below and on the next page.



























CHITIMACHA TRIBAL SCHOOL 2008-2009 SCHOOL YEAR



First Nine Weeks Renaissance Program

Award Winners:

Principal's List:

Honor Roll:

1st Grade: Brook Burgess

Jasmine Derouen Julian Mire Christian Shuff

Kassidy Talbot Breyonna Verret

2nd Grade: Maiya Darby

Nina Darden Khloe Walden

3rd Grade: Conner Anderson

Tayla Bernauer Austin Burgess Hannah Butaud MaKayla Higgins Dynah Sedatol

4th Grade: Sage Guillory

Kymberlin Landry

Peyton Trahan Amanda Vilcan

5th Grade: Trent Darden

Drake Hewitt Caylin Moneaux

6th Grade: Kati Martin 8th Grade: Jasi Anderson

> Kaylee Cormier Rhett LeBlanc

Tallett LeBi

Good Conduct:

Kindergarten: Analaysha Burgess

Cameryn Burgess Devin Butaud Dominic Crochet Bryce Demarco McKayla Higgins Amber Mora Landon Pontiff Robert Savoie

Ethan Vilcan

Good Conduct continued...

First Grade: Jasmine Derouen Tyler Rogers

Kassidy Talbot Breyonna Verret

2nd Grade: MaKenzie Broussard

Dymond Darden Nina Darden Drake Pontiff

Khloe Walden

3rd Grade: Conner Anderson

Hannah Butaud 4th Grade: Meghan Baham

Raine Darden
Sage Guillory

Kymberlin Landry Amanda Vilcan

Toni Vilcan

5th Grade: Drake Hewitt

Trent Darden Caylin Moneaux

6th Grade: Colby Darden

Sarah Guillory Caleb Higgins

Reid Simoneaux

7th Grade: Erica Compton

Kaitlyn Landry Katie Vilcan

Victoria Vilcan

8th Grade: Jasi Anderson

Kaylee Cormier Rhett LeBlanc Nata Sedatol

Perfect Attendance:

Kindergarten: Analaysha Burgess

Dominic Crochet
Amber Mora
Benedicto Paulino

Perfect Attendance continued...

1st Grade: Jasmine Derouen Kaleb Fluke Evan Frederick Julian Mire Celsey Mora Christian Shuff Daniel Sisk Kassidy Talbot

2nd Grade: Dymond Darden

Nina Darden

3rd Grade: Tayla Bernauer

Hannah Butaud MaKayla Higgins Dynah Sedatol

4th Grade: Haylee Bourgeois

Robert Compton Sage Guillory Barry Moneaux Gabriel Parro Amanda Vilcan Toni Vilcan

6th Grade: Joshua Darden

Kale Delcambre Dylan Dwyer Sarah Guillory Caleb Higgins Kati Martin

7th Grade: Bailey Hebert

Trae' Kitchens Katie Vilcan

8th Grade: Nathaniel Menard

STUDENTS AND
PARENTS,
CONGRATUATIONS!
Job well done!



Chitinnacha Tribal School

November 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			Oct. 29 Star Lunch at 11:15		Oct. 31 Happy Halloween! A-B Conduct Free Dress	1
Daylight Savings Time Ends- CLOCKS FALL BACK 1 HOUR	Tayla Bernauer-BD Star of Week From 8th	4 tudent Led Conf	5 Perences 3rd-7	6 Malikai Hebert-BD	7 Kaleb Fluke-BD 1st Grade BAKE SALE	8 Colby Darden-BD
9	10 Star of Week from Kindergarten	Ueterans Day- School in Session	4-H Meeting at 2:00	"Hunting For Turkeys"- Wear Camouflage for 2 Eagle Bucks Parent Night Workshop-5:30-7		15
16	Caleb Darden-BD Star of Week from 1st Teachers: Please post grades by 10 a.m.	Progress Reports Sent Home 5th Grade D.A.R.E. Graduation-10:00	Star Lunch At 11:15 School Store Day	20 Kassidy Talbot-BD	21 A-B Conduct Free Dress	22
23	Thanksgiving Holidays- NO SCHOOL	Thanksgiving Holidays- NO SCHOOL	Thanksgiving Holidays- NO SCHOOL	Thanksgiving Holidays- NO SCHOOL	28 Thanksgiving Holidays- NO SCHOOL	29
30 Analaysha Burgess-BD	Dec. 1 Return to school Star of Week from 2nd	<u>Dec. 2</u>	<u>Dec. 3</u>	<u>Dec. 4</u>	<u>Dec. 5</u>	<u>Dec. 6</u>

Health Department News

Wishing you Good Health! Madeline Phelps November, 2008



Health Fair

The Health Department hosted the Annual Community Health Fair on October 21, 2008. We appreciate the participation from the community; the fair was enjoyed by all! Thank you to the Tribal School for allowing us to use the school gym. Thank you to all of the departments for their participation & support to help make our fair a success. A very special "thank you" to my staff for all of the hard work they put into planning & hosting the Fair! I appreciate you for a job well done!

Registration Update:

Please help us keep up-to-date records and inform Brittany of any changes in insurance, address, or telephone number. Call Brittany @ 923-9955.

Clinic: Hours of Operation:

Monday-Thursday 7:30a.m.-5:00p.m.

Friday 7:30a.m.-11:30a.m.

Physician Hours/Patient Care Appointments:

Physician schedule s as follows:

Monday & Tuesday from 9:00a.m.-12:00, & 1:00 p.m.-5:00p.m.

Wednesdays, Thursdays 9:00a.m.-2:00p.m.

Fridays, 9:00a.m.-11:30a.m.

Update Eligibility:

Periodically you may be contacted by the Registration Coordinator (Brittany Martin) to update eligibility information. Please respond to these requests to provide information/documentation as needed to assure our records are accurate.

Dental Clinic:

Since the Dental Clinic is only open one day per week it is extremely important to notify Brittany if you are unable to keep an appointment. If we are notified in advance we are able to schedule another patient.

Pharmacy Schedule:

Please call for refills 4-5 days in advance. This allows time for pharmacist to place orders in the event item is not in stock. When calling in prescription please leave the prescription number, name of medication & your telephone number on the phone message. Reminder: Check your prescription bottle when calling for refills; if no refills left contact you doctor's office to request a new prescription.

CHS (Contract Health Service) - Services obtained off-site-referral required. A "purchase order" form must be obtained from the Health Department (I.H.S./CHS) office for each & every visit to a healthcare provider prior to visit. Individuals with private insurance or Medicare must obtain purchase order if you are requesting that I.H.S./CHS pay the balance. Emergency Services: you have seventy-two (72) hours to notify the health department in the case of emergency visit. Report to Millie @ 337-923-9955, Ext. 3004.

Eligible members of the Chitimacha Tribe who have moved from the health service delivery area are covered for one hundred eighty (180) days from date of departure, provided that the Health Department is notified **prior** to moving.

<u>Alternate Resource</u>": Health Care Resources other than those of the Indian Health Service. Example: Medicare, Medicaid, or Private Insurance.

Should a client meet the eligibility guidelines to qualify for an alternate resource, clients will be required to apply for that resource if available and accessible. Failure to apply when contacted by clinic staff may result in denial of services.

Contact Ann Olds (Medicaid Enrollment Representative): 337-923-9955, Ext. 3002 for more information. Ann is available to assist you in completion of the Medicaid application process.

- Once Medicaid is approved, the Medicaid office will re-certify your case periodically.
- It is client responsibility to respond to requests made by the Medicaid Office Report/provide the following to Ann:
- Report any changes in Medicaid status to Ann
- Bring documentation of denial or changes in Medicaid status



Judith's Diabetic Corner Judith Dupuis, Dietician/Certified Diabetes Educator







Fighting diabetes together!
Contact Judith on Wednesdays @ 337-923-9955 ext. 3011

These muffins were a real hit at our recent diabetic breakfast held at Rivercane 11/5/2008. No one could believe that these muffins only contain 2 grams of carbohydrate (another word for sugar). For someone with diabetes up to 5 grams of carbohydrate or 20 calories is considered a free food but because this food contains other ingredients it would count toward your carbohydrate limit for a meal which is generally 3-4 carbohydrate servings for women and 4-5 carbohydrate servings for men. Usually a carbohydrate serving is 15 grams each.

Pina Colada Muffins, (Busy People's Diabetic Cookbook p. 83)

1 (20 ounce) can crushed pineapple, undrained

1 ½ teaspoons coconut extract 1 (16 ounce) angel food cake mix, dry (do not make as directed on box)

1/4 cup shredded coconut

Discard the remaining juice.

Preheat the oven to 350degrees Coat 36 regular-size muffin cups with nonfat cooking spray Reserve 1 cup of the pineapple juice. Stir the crushed pineapple, pineapple juice, and coconut extract together in a bowl until well mixed.

Add the cake mix, stirring until the ingredients are combined. Spoon the batter into the prepared muffin tins, filling each ½ full. Sprinkle the shredded coconut over the top of the batter. Bake for 15 minutes or until a toothpick inserted in the center of a muffin comes out clean.

Yield: 36 (1 muffin) servings; Calories: 56 (4% fat); Total fat; trace; Cholesterol: 0 mg; Carbohydrate: 2 gm; Dietary Fiber: 0 gm; Protein: 1 gm; Sodium 112 mg; Diabetic Exchanges: 1 other carbohydrate.

Chitimacha Health Fair

Pictured below and on the next page are random photographs of the participants and staff during the annual Health Fair that was held at the Tribal School, Tuesday, October 21, 2008.

























TRIBAL COURT NEWS



COURT SESSIONS:

CURRENT COURT STATISTICS:

OCTOBER:

CASES: (28)

14 Civil Actions (9 Garnishments/1 CV Complaint/1 CV Environmental Violation/3 Petition to Make Judgment Executory and for Judgment Debtor Rule)

7 Domestic (7 Petition for Disbursement of Funds)

7 Traffic (7 CV TR Infractions)

- 0 Juvenile
- 0 Criminal
- 0 Probate

MORTGAGES AND LIENS: (0)

MISCELLANEOUS DOCUMENTS: (1)

(1 Marriage License)

TOTAL ACTIONS PROCESSED IN OCTOBER, 2008 (29)

> CASES PENDING AS OF NOVEMBER 1, 2008

TRIBAL COURT: (43)

- 22 CIVIL
- 12 DOMESTIC
- 00 CRIMINAL
- 06 TRAFFIC
- 01 JUVENILE
- 02 APPELLATE

TRIBAL COURT:

The first regular session scheduled for October 7, 2008, was cancelled and reset for October 21, 2008, at which time 25 matters were scheduled to be heard.

- (10) DOMESTIC
- (00) TRAFFIC
- (01) CIVIL
- (03) JUVENILE
- (11) CRIMINAL

Our next regular session is scheduled to be held on Tuesday, November 18, 2008, with open sessions beginning at 10:00 a.m. The last court session for this year is scheduled for December 2, 2008.

As always, if you would like any further information regarding the Chitimacha Tribal Courts, please feel free to contact the Court at (337) 923-7806; or come by anytime. We are located at 343 Navarro Street, Post Office Box 610, Chitimacha Reservation, Charenton, Louisiana. Our regular office hours are 7:30 a.m. to 5:00 p.m. - Monday through Thursday, and 7:30 a.m. to 11:30 a.m. on Friday.

Have a Happy Thanksgiving Holiday!

Tribal Court Staff

News from Chitimacha Fire Protection Rick Cook, Fire Chief



Training: During the month of November Hal Titus, a Paramedic of Acadian

Ambulance Service, conducted a training class on Diabetic Emergencies and

instructed the use of a Diabetic Monitor.

Activities: The Property Insurance Association of Louisiana (PIAL) is scheduled to conduct

the fire district survey in November 24,2008. The purpose of this survey is to determine fire insurance cost for both residential and commercial occupancies. This survey involves components, i.e.; available water supply, hydrant maintenance and flow fire capacities, fire apparatus and equipment carried on them, dispatching communications, fire prevention activities and occupancy fire pre-planning inspections. At present our district holds a very respectable class "3" fire rating. Fire rating classifications are rated from a class (1) through (10) with a class "1" being the best rating a fire department can receive. Once we receive the final results

from PIAL we will forward this report to you in the next newsletter.

Notices: For those who want to be part of a rewarding profession in serving your community

applications for volunteer membership are available at the department. The

Chitimacha Fire Protection Volunteer Incentive Program pays on an average of \$11.00

for each monthly meeting/drill attendance and for each emergency response. Additional incentive can be earned once a volunteer receives the needed training

he/she can qualify as a substitute shift worker to fill in as needed when a full time employee is on leave. If you are interested in becoming a CFP Volunteer Division

Member you may contact the Fire Department or Human Resources for more

information.

Don't forget to change the Batteries in your smoker Detector. Also; all residential dwellings should have legible house numbers in view for emergency personnel to locate in the event of an emergency. If you are going to purchase house numbers the standard size is a (4) inch number.

During the months of November and December personnel from the department will be conducting In Home Safety Surveys. These surveys are designed to assist residences of identifying unsafe hazards within your home. This component is in part of a grant program to install Carbon Monoxide Detectors throughout the reservation. Also cooking hood suppression systems are also available at no cost. If you feel you need to schedule this Home Survey feel free to contact the Fire or Housing department at your convenience and someone will be happy to assist you.

Fire Protection News Continued...

Emergency Activities:

During the recent Hurricane Gustav and Ike the Tribal Emergency Operation Plan was activated and was executed well by emergency personnel. This plan was supported by Tribal Officials and Administrative Personnel in establishing roles and responsibilities during this process.

During this event Tribal Fire and Police Departments were manned 24 hours a day until termination of the event. Chitimacha Public Works provided assistance of clearing roads and to residence throughout the community. Prior to hurricane land fall emergency personnel conducted duties in making certain that all equipment and vehicles were in the state of readiness.

Daily meetings were conducted at the Tribal Office to review weather updates and to ensure that all measures are taken to protect life and assets. Emergency Preparedness (OEP) in Franklin, were conference calls were conducted by agencies of the National Weather Service, State Police Traffic Control, FEMA Region 6 surrounding parishes, and evacuation advisories from the St. Mary OEP Director. Our immediate area was spared by receiving only minimal structural and tree damage with most residences experiencing only a short period without electric service.

Emergency

July @ 36, August @ 31, and September @ 36, October @ 31.

Responses:

Prevention is our Intention!

BOARD VACANCY

Election Board

The Chitimacha Tribal Council is seeking to appoint a Member to the Election Board to fill an unexpired term which will expire in March of 2012. A stipend will be provided. Interviews will be conducted of interested applicants.

Scope: The Election Board Members perform such duties as prescribed by the Election Ordinance and any additional rules and regulations prescribed by the Tribal Council.

Qualifications: All Election Board Members must be an enrolled member of the Tribe and be at least 18 years of age at the time of their appointment to the board. Election Board Members are not allowed to be a member of the Tribal Council, School Board or any other elected Tribal office.

Responsibilities: Maintain all records of the Election Board. Designate dates for voter registration, filing for candidates and conduct of elections. Post notice of election, register votes, maintain and update voter registration records, certify candidates. Prepare and secure ballots, set up and manage polling place and secure ballot box and/or voting machine, verify eligible voters, count votes, declare winners and/or runoff candidates. Report results to the public, Tribal Council, and Bureau of Indian Affairs. Set up and manage special elections and referendums.

Please send letter of interest by 5:00 p.m. on Monday, December 8, 2008 to:

Chitimacha Tribal Council Chitimacha Tribe of Louisiana P. O. Box 661 Charenton, LA 70523

Employee of the Year Nominees For the July-September 2008 Quarter

Francine Bonin, Lead Child Care Provider/ Director Designee



Jessica Deslatte, Jr. Accounting Manager

(L to R) Francine Bonin and Kathleen Flanagan



Deborah Guardia, Firefighter



(L to R) Kenny Perry and Deborah Guardia



(L to R) Jessica Deslatte and Nikina Vilcan

Congratulations to Deborah Guardia for receiving Most Gold Stars!



Employee of the Year Nominees continued...

Marjorie Landry, Assistant Cook



(L to R) John Paul Darden and Marjorie Landry



Earl Tyler, Firefighter



(L to R) Earl Tyler and Kenny Perry



Kim Cook, Office Assistant



(L to R) Peggy Gaddy and Kim Cook



Congratulations to All Nominees!





CHITIMACHA TRIBE OF LOUISIANA



Strategic Planning Update November 2008

As requested at the General Council Meeting in June of 2008, the Chitimacha Tribal Council has engaged a Strategic Planning Firm to conduct a comprehensive strategic plan for the Chitimacha Tribe. M3 Planning was selected to organize, collect, compile and facilitate this strategic plan. November 3rd thru the 5th, Tribal Council members, Governmental Administrators and Directors were interviewed by M3 Planning. These interviews provided a comprehensive understanding of our Tribal Government to the M3 staff and will help to guide this process and produce an effective plan in which your Government can take the necessary steps to achieve the desired outcomes.

M3 Planning is preparing a questionnaire that will be mailed out to all Tribal Members 18 years of age and over. This questionnaire will address many critical issues that currently affect the Tribal Government as well as issues that will almost certainly affect our future. You should receive this questionnaire during the first week of December 2008.

Your input is critical to having a successful strategic plan. Once you receive this questionnaire, please complete each question and return promptly. The M3 staff will compile the results and with direction from the Tribal Council, identify all areas of concern and help to facilitate the decisions required to address the critical issues.

If you have any questions, please contact the Tribal Offices at (337) 923-4973. Thank you in advance for your participation in this important matter.





ATTENTION EVERYONE!!! PRODUCT/SERVICE INFORMATION

NEWS RECEIVED FROM ATS T!!!

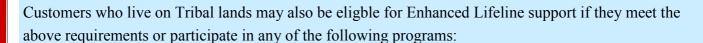


AT&T has informed our office that they are participating in the Lifeline and Link Up Program.

This new federally funded program offers discounted wireless service to any eligible customer who would be interested in receiving discounts on monthly wireless bills of qualified applicants while Link Up pays 50% of a customer's one-time activation fee. In addition, AT&T will waive the other 50% for so that activation is FREE!

Qualified customers for federal Lifeline benefits include those whose household income is at or below the Federal Poverty Guidelines (FPG), or if they participate in any of the following programs:

- Medicaid
- Food Stamps
- Supplemental Security Income (SSI)
- Federal Public Housing Assistance (Section 8)
- Low-income Home Energy Assistance (LIHEAP)
- National School Lunch Program's Free Lunch Program
- Temporary Assistance for Needy Families (TANF)



- Bureau of Indian Affairs (BIA) general assistance
- Tribally Administered Temporary Assistance for Needy Families (Tribal TANF)
- National School Program's Free Lunch Program
- Head Start (meeting income qualifying standards)

If you participate in any of the requirements above, you may be eligible for this new service.

AT&T has provided our office with informational packets which include a brochure along with an application in which it details this service. So stop by our office today and pick up a packet!

For more information Please Contact Kim Cook At the Tribe's Main Office P.O. Box 661

Phone: 337-923-4973 Fax: 337-923-6848

E-mail: kimb@chitimacha.gov





LOCAL NEWS

Four Chitimacha's won in the 2008 BICENTENNIAL FRANKLIN PAGEANT.

Congratulations for this once in a lifetime honor go to:



Natalie Cranche
Ms. Bicentennial Queen



Erica Rae Compton

Jr. Miss Bicentennial Queen



Halee' Cranche
Tiny Miss Bicentennial Queen

(Not Shown)

Brittan Martin

Baby Miss Bicentennial Queen

They will continue to represent Franklin for many years to come and participate in functions such as the Harvest Moon Festival and Parade that was held on Saturday, November 1, 2008.

The Queens would like to extend a very special "**Thank You**" to their Tribe for allowing the float to be used in the Parade for them to ride on. Also, this opportunity of riding in the parade would not have been possible without Natalie Cranche' organizing it and Lonnie Martin pulling the float. Thank you Natalie and Lonnie!

Native Treasure & Trades

When:

Saturday
December 6, 2008
and thereafter, the 1st
Saturday of every
month.

Where:

Outdoor Pavilion next to the Chitimacha

Museum.

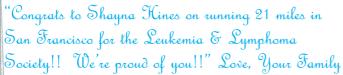
Time:

9:00 AM to 4:00 PM

- Bring family & friends to browse through our community flea market with used furniture, new & used household items, clothes, handmade arts and crafts, jewelry, collectibles & gift items.
- Please Call Jackie at 337-578-6142 to obtain a booth or for more information.

COMMUNITY BULLETIN BOARD







With special recognition for the loss of the assumed "Tribal Administrative Mascot", we remember "Princess" aka

Doggy Heaven:

Doggy Heaven:

Their picture or that of their minor child being used within print or web posting, please contact requests. If anyone has an objection as to their picture or that of their minor child being used within the publication of the Chitimacha Tribal Newsletter in print or web posting, please contact Kim or Kitty at the Tribal Administrative office (337)923-4973 with your requests.



Call Kitty @ (337) 923-4973 to place an Ad or Email to: kitty@chitimacha.gov





Chitimacha Tribe of Louisiana **Post Office Box 661** Charenton, Louisiana 70523